

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

**Monday, April 1, 2024**

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
509	Mashed Potatoes	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk
990028	Mixed Vegetable California	

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Tuesday, April 2, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
348	Green Beans	Milk
614	Macaroni and Cheese	Egg, Milk, Wheat
228	MILK,1% Chocolate	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Wednesday, April 3, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
340	Brown Rice	Milk, Sesame, Soy
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
822	Nacho Cheese - WJHS	Milk
496	Salsa - 1TBS	
352	Seasonal Vegetables	Milk
338	Tortilla Chips	
338	Tortilla Chips	
823	Turkey Taco Meat - WJHS	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Thursday, April 4, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Friday, April 5, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Monday, April 8, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
494	Chicken Gravy	Milk, Soy, Wheat
402	Chicken Nuggets - R	
317	Corn	Milk
304	Fresh Fruit	
509	Mashed Potatoes	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Tuesday, April 9, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990076	SYRUP CUP MAPLE	
300	Turkey Sausage	Soy
354	Waffles - Belchef	Egg, Milk, Soy, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Wednesday, April 10, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
401	Meatball Sandwich 1-6	Gluten, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.



## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Thursday, April 11, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Friday, April 12, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
387	Baked Fries	
149	CHEESEBURGER ON A BUN	Gluten, Milk, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Monday, April 15, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
387	Baked Fries	
783	BBQ Pulled Pork Sandwich	Gluten, Wheat
304	Fresh Fruit	
348	Green Beans	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Tuesday, April 16, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
359	Breadstick	Gluten, Wheat
360	Butter	Milk
304	Fresh Fruit	
334	Marinara Sauce 1/2 C	
990073	MILK,CHOC,LOWFAT, 1%	Milk
346	Rotini	Gluten, Milk
352	Seasonal Vegetables	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Wednesday, April 17, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Thursday, April 18, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Friday, April 19, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Tuesday, April 23, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
357	Grilled Cheese	Gluten, May Contain Sesame, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
358	Tomato Soup	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.



## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Wednesday, April 24, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
414	Turkey Sandwich on Wheat	Gluten, May Contain Sesame, Milk, Soy, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Thursday, April 25, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Friday, April 26, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
839	Italian Sub on French Roll	Gluten, Milk, Soy, Wheat
34	LETTUCE & TOMATO:1 leaf,2 slice	
228	MILK,1% Chocolate	Milk
352	Seasonal Vegetables	Milk

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Monday, April 29, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
340	Brown Rice	Milk, Sesame, Soy
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
640	Pork Eggroll	Egg, Sesame, Wheat
352	Seasonal Vegetables	Milk
372	Vegetable Eggroll	Egg, Soy, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

## Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 4/1/2024 To: 4/30/2024

Tuesday, April 30, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
66	Chicken Pasta Caesar Salad	Egg, Gluten, Milk, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
314	Whole Wheat Roll	Gluten, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.